



CATARACT SURGERY PRE-OP INSTRUCTIONS

11820 S. State Street
Draper, UT 84020
801.568.0200
www.hoopesvision.com

Your surgery has been scheduled on _____

1. Do not eat or drink anything after midnight the night before your surgery, including gum and breath mints. Please brush your teeth and rinse your mouth but do not swallow.
2. Please continue your regular medication taken with a small amount of water, unless instructed otherwise. Please prepare a list of the medications you are currently taking. Use your current eye medications, unless instructed otherwise. If you are diabetic, please bring your oral medication or insulin with you to be administered after surgery. Do not take your morning dose.
3. Eyedrops: Please fill the prescription you receive today before surgery; you will need to begin the antibiotic drop (Vigamox or ofloxacin) three days prior to surgery.
4. Transportation: Please have someone accompany you to and from the surgery center the day of surgery. We require that your driver remain in our waiting area while you are in surgery.
5. Bathing: Please bathe or shower before surgery. You should wash your hair. No make-up or facial lotion should be worn the day of surgery.
6. Clothing: Avoid restrictive clothing. Wear a comfortable pair of pants and a **short-sleeved** shirt or blouse. **Please do not wear any jewelry. Leave all valuables at home.**
7. Appliances: On the day of surgery, you may wear your dentures and hearing aids. You will need to remove the hearing aid on the side of the surgical eye when you are admitted.
8. A nurse from the surgery center will call you before surgery to review these items. **We will let you know your arrival time at the surgery center during this phone call.**

Patients of Dr. Hoopes, Jr. will be called on the Friday before surgery.

Patients of Dr. Bradley will be called on the Tuesday before surgery.

Please do not become concerned if we have to make changes in the time you are to arrive. Patients sometimes have to cancel surgery due to illness, etc., which may necessitate a time change for your surgery.

9. You will receive detailed post-operative instructions after your surgery. We strongly recommend that your driver be present for this, as your memory may be affected by sedatives given to you in surgery.
10. The entrance for EyeSurg of Utah (the surgery center) is on the north side of the Hoopes Vision building.

If you have any question, please call our office at 801-568-0200 between 8am-5pm