



# PRK POSTOP

Hoopes Vision  
11820 S. State Street  
Draper, UT 84020  
801.568.0200



### **ANTIBIOTIC**

Vigamox/Moxifloxacin/Ofloxacin  
**4 TIMES A DAY  
FOR 1 WEEK**



### **STEROID**

Prednisolone Acetate  
**4 TIMES A DAY  
THE FIRST WEEK  
THEN  
2 TIMES A DAY  
UNTIL 3 WEEK VISIT**

Wait at least  
5 minutes  
between drops.  
Only necessary  
during waking  
hours.



### **NSAID**

Ketorolac  
**EVERY 4 HOURS  
AS NEEDED FOR PAIN  
FOR 3 DAYS ONLY**



**ARTIFICIAL TEARS  
(PRESERVATIVE FREE)  
EVERY 15 -30 MINUTES  
THE DAY OF SURGERY  
THEN  
AT LEAST EVERY HOUR  
FOR 1 MONTH**

\* SHAKE BEFORE  
EACH USE

### **AFTER YOUR SURGERY:**

- Remain quiet the evening of surgery. A short nap is advised. No heavy reading. You may watch TV. Increase activity as your comfort and vision allows.
- Take your normal over-the-counter pain medication if needed.
- The doctor may give you a prescription for pain. Take as directed.
- You will have bandage Contact Lenses on your eyes for 3 to 5 days. The doctor will remove them.
- Use COLD PACKS for 5-10 minutes once every hour for 5-6 hours the day of surgery and on 2nd & 3rd day throughout day if uncomfortable.
- You can chill your Artificial Tears to increase comfort and decrease inflammation
- Your vision will be foggy for the first few days. Because of this your vision may not be adequate to drive.
- You may return to work and/or drive when you are confident with your vision and your comfort allows.
- You may experience some tearing, burning, stinging, light sensitivity, redness, and foreign body sensation.
- If you notice increasing pain or a sudden decrease in vision – call us immediately.

### **OTHER IMPORTANT PRECAUTIONS:**

- Your vision may fluctuate for the first several weeks.
- You may experience halos and glare around lights at night for the first couple weeks.
- No eye makeup for 3 to 5 days. New mascara is recommended after the procedure.
- Avoid getting soap or water in your eyes while showering for the first week.
- Wear your shields while sleeping or napping for the first week.
- Do not rub or bump your eyes for at least 2 months after surgery.
- No swimming or hot tubs for 2 weeks. No high-impact water sports for 3 months.
- You should protect your eyes from bright sun and wind for 1 month.
- **ARTIFICIAL TEARS**
  - FIRST MONTH – Use Preservative Free Artificial Tears in vials every hour
  - MONTH 2 & 3 – OK to switch to a bottled Artificial Tear every 2 to 3 hours

**Hoopes Vision Phone Number: 801-568-0200**

**Michael J. Bradley, M.D.**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Staff Signature: \_\_\_\_\_

Tomorrow's Appointment Time: